FINANCIAL ADVICE

Sherwood Forest Hospitals



Visit the Citizens Advice Bureau or give them a ring to talk about financial support on benefits, housing, rent, changes to working situation, carers

support and many more. <u>https://www.citizensadvice.org.uk/</u>



SFH have set up a Hardship Fund to support staff if you need addition financial support or regularly reply on food banks. Contact Julie Hogg, Chief Nurse on Julie.hogg1@nhs.net and will be treated in strictest confidence.

We are in this together Just do the best that you can do Look out for each other Its ok not to be ok