



JOIN OUR **WARM HUBS** ACROSS ASHFIELD

Whether you are looking to make new friends, catch up with old friends, do a bit of exercise or just enjoy a hot drink and read a book in one of our cafés, then our Everyone Active Centres are exactly what you've been looking for. There will be an activity each week along with a free hot drink and a biscuit.

- **Meet up with friends**
- **Make new friends**
- **Stay active**
- **Enjoy a hot drink**
- **Play some board games**
- **Build a puzzle**

Sessions Will run

Mondays Kirkby Leisure Centre

10.30-12.00pm

Tuesdays Hucknall Leisure Centre

1.30-3.00pm

Wednesdays Lammas Leisure Centre

1.30-3.00pm

A warm welcome awaits you.

