

INFORMATION FOR PATIENTS

Preoperative assessment for wrist denervation

A referral has been made by your hand surgeon for an assessment of your wrist. This is to determine whether you would benefit from wrist denervation surgery. The aim of surgery is to manage chronic wrist pain and preserve useful movement in your wrist.

Assessment procedure

The assessment includes a two hour therapy appointment where you will undergo a series of assessments to record the movement, function and pain levels of your wrist.

This is followed by a series of local anaesthetic injections administered by a hand surgeon.

A break of 15 minutes is then taken to allow the injections to take effect. All previous assessments are then repeated to determine the success of the nerve blocks.

The results are discussed with your therapist and hand surgeon in clinic to assist in the best option for you.

You will be provided with a short questionnaire about levels of difficulty when using your hand/wrist. Please can complete the questionnaire and bring to your therapy appointment.

Contact details

If you have any concerns or queries please contact the hand therapy team on 01623 622515, extension 4271.

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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