
INFORMATION FOR PATIENTS, PARENTS, GUARDIANS AND CARERS

Learning difficulties/developmental delay resources

Information, support and useful websites

Local information

Nottinghamshire Help Yourself

This website is designed to help you find information about a whole range of services that are available in the county.

Website: <http://www.nottshelpyourself.org.uk>

There are specific resources for children/young with additional needs and their families. Select the green button 'Local Offer – Special Educational Needs and Disabilities (SEND)'.

Ask Us Nottinghamshire (formerly Iris)

An information service for parents of children and young people with disabilities in Nottingham and Nottinghamshire. Ask Us can also provide education advice.

Telephone: 0800 121 7772

Website: <https://askusnotts.org.uk/>

Community Paediatrics website (Sherwood Forest Hospitals)

Website: www.cyp.sfh-tr.nhs.uk

Education

Ask Us Nottinghamshire (formerly Parent Partnership Service)

Support for parents to understand the education system, plus support to improve communication between parents and school.

Website: <https://askusnotts.org.uk/>

Telephone: 0800 121 7772

IPSEA (Independent Parental Special Education)

Website: <https://www.ipsea.org.uk/>

Telephone: 0300 222 5899 (open Fridays, 10m-3pm)

Advice and tribunal advice telephone appointments can be booked through the website.

Information regarding supporting children with additional needs in school can also be accessed on the Nottinghamshire Help Yourself website (details above in 'Local information').

National

Family Lives

Provides support help and advice for parents managing children and young people with or without disabilities.

Website: www.familylives.org.uk

Freephone: 0808 800 2222

Contact a Family

Provides information about medical conditions including learning disability.

Website: <http://www.cafamily.org.uk/>

Helpline: 0808 808 3555

Family Fund

Provides grants to low income families with a severely ill or disabled child.

Website: <http://www.familyfund.org.uk/>

For families of young people with learning disabilities

A Place to Call Our Own (APTCOO)

This charity offers support and services to families of children with additional needs. Bases at: Botany Avenue, Mansfield, Cameleon Lodge, Thoresby and North Farm House, Budby.

Website : www.aptcoo.co.uk

Email : enquiries@aptcoo.org

Telephone: 01623 629902

AbilityNet

AbilityNet helps people of any age and with any disability to use technology to achieve their goals at home, at work and in education.

Website: www.abilitynet.org.uk

Helpline: 0800 048 7642

The Challenging Behaviour Foundation

For information and support please see the Family Support Service section of the website.

Website: <http://www.challengingbehaviour.org.uk/>

Family Support Line: 0300 666 0126

Email: support@theCBF.org.uk

Websites for children and young people

Mencap

A charity supporting people with a learning disability, and their families and carers.

Website: <http://www.mencap.org.uk>

Benefits

Citizens Advice Bureau

Online advice: <http://www.adviceguide.org.uk/>

Disability Rights UK

Website: <https://www.disabilityrightsuk.org/>

Disability Living Allowance information

Website: <http://www.disabilityrightsuk.org/disability-living-allowance-dla>

Personal Independent Payment (replaces Disability Living Allowance for those over 16 years of age)

Website: <http://www.disabilityrightsuk.org/personal-independence-payment-pip>

Department for Work and Pensions

Website: <http://www.dwp.gov.uk/>

Disability Living Allowance

Website: <https://www.gov.uk/disability-living-allowance-children>

An application can be started online, or a form requested by telephone on 0800 121 4600.

General health information



Information services

Library & Knowledge Service, King's Mill Hospital

The Library holds several books and resources which can support your child and young person's needs. Books are available to be borrowed by professionals and members of the public.

Telephone: 01623 622515, extension 4009

Email: library.sfht@nhs.net

Online link to catalogue of books and resources: <https://koha.healthlibrariesmidlands.nhs.uk/> - click on 'All libraries' on the right hand side and select King's Mill Hospital.

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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