

Visiting hours are between 11.30am and 7pm. Please note that a maximum of two visitors are allowed per bed at any one time. Visitor toilets are situated on the main corridor outside of the ward.



### Contact us

Paula Lovett, Ward Leader, telephone 01623 622515, extension 6269.

### Important

Please do not use recording equipment in our hospitals – including cameras, videos or audio recordings on mobile phones. Smart home devices such as Alexa, Echo, Google Home and Siri, record conversations and do not support privacy and dignity for other patients, colleagues or visitors, so please don't bring them to hospital.

## Further sources of information

NHS Choices: [www.nhs.uk/conditions](http://www.nhs.uk/conditions)  
Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

### Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service:

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net).

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.

To be completed by the Communications office  
Leaflet code: PIL202410-05-WSU  
Created: September 2018 / Revised: October 2024/  
Review Date: October 2026

## INFORMATION FOR PATIENTS

### Welcome to the Stroke Unit

## Wards 53 and 54



### Contact numbers:

**Ward 53 - 01623 672265**

**Ward 54 - 01623 676080**

## About the Stroke Unit

The Stroke Unit (wards 53/54) cares for patients who have had an acute stroke and provides rehabilitation following initial treatment.

We provide a thrombolysis service (which uses a clot busting drug) 24 hours a day, 7 days a week, which we use to treat a stroke caused by a blood clot. This treatment is only given to suitable patients within 4½ hours of the stroke occurring.

We also refer patients to Queen's Medical Centre at Nottingham between Monday and Friday, 8am-6pm, and weekends 8am – 12pm for mechanical thrombectomy (clot retrieval) which is a procedure where a 'guide wire' is used to remove the clot causing the stroke. This is used in conjunction with thrombolysis and only given to suitable patients.

We run a high-risk TIA (transient ischaemic attack – also known as a mini stroke) clinic on the unit. This is for patients whose stroke symptoms have resolved but are at a high risk of having another stroke.

Patients are seen at King's Mill Hospital between Monday and Friday and at Nottingham University Hospitals on Saturdays and Sundays. Appropriate investigations and results are all done the same day.

Alongside the Stroke Unit we have the Integrated Community Stroke Service (ICSS) who provide rehabilitation for patients in their own homes for up to six months. Patients will need to be assessed as being suitable for this service.



## The team

**Lead Consultant:** Dr Jahan Zeb Rehan

**Matron:** Emma Wilson

**Specialist Nurse:** Emma Davis

**Ward Sister:** Paula Lovett

**Deputy Ward Sisters:** Karen Hannah,  
Michelle Hardy, Karen Turner

You will be cared for by many members of staff, including doctors, nurses, healthcare assistants, physiotherapists, occupational therapists, discharge co-ordinators, social workers, psychologists, speech and language therapists, dieticians and stroke research nurses.

We have a ward-based gym and activities room to help suitable patients back on their road to recovery.



## More information

Patients (or their friends/family) **must** bring in all necessary toiletries from home, as well as day clothes, night clothes and slippers. There is a day room available for patients to use. This can be used to meet with visitors, have some quiet time or watch a DVD from our collection.