

Daniel Sutherland

Community Neurology Service, Nottingham CityCare Partnership

Daniel, aged 17, attends Arnold Hill Academy and is studying A levels in Biology, Psychology and History.

Daniel wanted to gain a greater insight into the variety of different careers within the area of healthcare and to have some experience of the kind of work that is done. He enjoyed spending time with many different staff and going out on visits to see who the team worked with.

Daniel said: “The opportunity to gain experience of the many different job roles within the team such as occupational therapists, specialist nurses, physiotherapists, psychologists and speech and language therapists was really helpful. It meant that the placement gave me an insight into many different healthcare careers rather than just spending the week with one profession.

“By being friendly with both members of staff on the team and those they worked with I had to develop my communication skills. The placement boosted

my confidence by pushing me out of my comfort zone and helping me to realize what I was capable of.

“I learnt so much from the week and it’s really helped me to think about my future career. I learnt more about neurological diseases and how healthcare teams can work together to help treat them. There was lots of time to talk to patients when out on visits checking up on their wellbeing.

“The staff were all really kind, encouraging and motivating me and made it a really enjoyable week. It helped me to think about the different jobs available within healthcare. At the moment I hope to go to university to study psychology and in particular with the intention of going into clinical psychology.

“The week was really helpful and I would completely recommend it for anybody wanting to get an experience of that kind of work.”

