

## Council of Governors

<b>Subject:</b>	Chair's Report	13 August 2019		
<b>Prepared By:</b>	Robin Smith, Acting Head of Communications			
<b>Approved By:</b>	John MacDonald, Chair			
<b>Presented By:</b>	John MacDonald, Chair			
<b>Purpose</b>				
To update on key events and information from the last quarter.		<b>Approval</b>		
		<b>Assurance</b>		X
		<b>Update</b>		
		<b>Consider</b>		
<b>Strategic Objectives</b>				
<b>To provide outstanding care to our patients</b>	<b>To support each other to do a great job</b>	<b>To inspire excellence</b>	<b>To get the most from our resources</b>	<b>To play a leading role in transforming health and care services</b>
X	X	X	X	X
<b>Overall Level of Assurance</b>				
	<b>Significant</b>	<b>Sufficient</b>	<b>Limited</b>	<b>None</b>
			X	
<b>Risks/Issues</b>				
<b>Financial</b>				
<b>Patient Impact</b>				
<b>Staff Impact</b>				
<b>Services</b>				
<b>Reputational</b>				
<b>Committees/groups where this item has been presented before</b>				
<b>Executive Summary</b>				
<p>An update regarding some of the most noteworthy events and items since the last Chair of Governors meeting from the Chair's perspective:</p> <ul style="list-style-type: none"> <li>• SFH Annual General Meeting</li> <li>• Joined up Care Derbyshire</li> <li>• Clinical Trials Day 2019</li> <li>• Sherwood Forest Hospital teams in national awards</li> <li>• SFH partners with local leisure centre to help patients get fit before operations</li> <li>• Chief Nurse Awards 2019</li> <li>• Volunteers Week 2019</li> <li>• Local health partners join forces to support people with learning difficulties</li> <li>• SFH Pride</li> <li>• Midwife at Sherwood Forest Hospitals unexpectedly delivers her own grandchild at home</li> <li>• Visits to Trust teams and external meetings</li> <li>• Membership summary</li> </ul>				

## Chair Report

### **SFH Annual General Meeting**

I am pleased to confirm that our Annual General Meeting and Members meeting will take place on Monday 23 September, 5.30-6.30pm in the King's Conference Centre at King's Mill Hospital. Members, Governors, colleagues and members of the public are very welcome to attend the meeting.

### **Joined Up Care Derbyshire**

As you may know by now, I am proud to have been appointed as the Independent Chair for the Derbyshire Sustainability and Transformation Partnership (STP) known as "Joined Up Care Derbyshire". I want to be clear that this role is in addition to my duties as Chair for Sherwood Forest Hospitals.

I took the opportunity at Board to re-iterate my commitment to my role at Sherwood Forest Hospitals and the pride I take in working here. My term at Sherwood is due to finish in February next year and I also took the opportunity to reiterate my intention to remain on for a second term should the Governors invite me to do so.

### **Clinical Trials Day 2019**

Our Research and Innovation Department celebrated clinical trials day at King's Mill Hospital on Thursday, 16 May 2019 showcasing information about the trials ran at Sherwood Forest Hospitals and how the system works. The celebrations featured one particular patient who is reaping the benefits of being part of a clinical trial.

King's Mill Hospital patient, Peter French, 65 years old from Kirkby-in-Ashfield was given a prognosis of 18 months to two years after being diagnosed with prostate cancer, which had also spread to his bones. Peter was given the opportunity to enter a clinical trial called STAMPEDE by the Research and Innovation Department at King's Mill Hospital. So far, Peter is well whilst being on the trial and is expected to exceed his prognosis.

"In December 2017 I visited my GP because I thought I had a water infection. When I returned to get the results of my blood tests my GP told me that I probably had prostate cancer.

"I had a biopsy and a bone scan with my urologist to determine how aggressive this cancer was. Unfortunately the cancer had spread to my pelvis, ribs and lymph nodes. My urologist gave me a prognosis of 18 months to two years. My oncologist said he may be able to improve on that as there is evidence to show that a clinical trial (STAMPEDE) can add years to a prognosis.

"It's a no-brainer really. I signed up to the trial there and then. I researched online about the STAMPEDE Trial and people who were already on the trial said, just go for it. I thought, what's to lose? You can't fault the treatment I've had and I'm a great believer in the NHS."

The Research and Innovation department have successfully recruited 2121 participants onto research trials in many clinical areas across the Trust in 2018/2019.

### **Sherwood Forest Hospital teams in national awards**

A number of our teams have been nominated for or won prestigious awards in the last few months. These include.

Our pre-op team was Highly Commended in the **HSJ Value Awards** 2019 on 23 May, the team were deservedly recognised for their project to improve patient experience and efficiency; reducing on the day cancellations with a preoperative phone call in the Surgical Services of the Year category.

Congratulations also to our Radiology service who were shortlisted in the Improving the Value of Diagnostic Services Award category for their 'growing their own' radiologists.

Three of our teams were shortlisted for a **HSJ Patient Safety Award** on 13 July:

- Learning Disabilities Initiative of the Year; For the Empowering the Delivery of Holistic Care for people with Learning Disabilities project.
- Best Partnership Solution Improving Patient Safety; For the High Volume Service User Programme that the Trust has created in partnership with health, social care and blue light services partners in the region.
- Quality Improvement Initiative of the Year; For the service transformation project that has significantly improved delivery of Acute Non-Invasive Ventilation (NIV) to patients.

Congratulations also to our learning disability team for winning the Making a Difference Award at **National Learning Disabilities Awards**, and our communications team for being named the **PRCA Dare awards** in-house communications team of the year.

### **SFH partners with local leisure centre to help patients get fit before operations**

Sherwood Forest Hospitals is working in partnership with Mansfield District Leisure Trust to give patients who are going into hospital for a planned operation the best chance of success by getting fit and healthy first.

The new innovative scheme is set to improve the health and fitness of patients who are undergoing planned surgery by giving them the opportunity to be referred to Mansfield District Leisure Trust's Healthy Life Programme. Research has shown that patients who are fit and healthy often have better surgical outcomes.

Led by Consultant Anaesthetist at Sherwood Forest Hospitals, Dr Rebecca Barker, and Sister Kelly Crutchely, who is part of the Pre-operative Assessment Team, any patient who is booked in to have an operation can ask to be referred to the programme, but there will be a particular focus on elderly patients.

Dr Barker said: "When patients are coming into hospital for surgery, it's really important that they are as fit and healthy as they can be in order to have the best possible outcome from their surgery. We want to help our patients get the best results possible and help them to help themselves so we've partnered with Mansfield District Leisure Trust to offer this beneficial programme. Getting fit

just six weeks before an operation has been shown to reduce the likelihood of complications during and after surgery.”

Geoff Waller, Chair of Mansfield District Leisure Trust, added: “We are delighted to partner up with Sherwood Forest Hospitals on this important scheme. Helping local people be better prepared physically for upcoming operations is vital work, and something we are extremely proud to be involved in.”

### **Chief Nurse Awards 2019**

Our 2019 Chief Nurse Awards celebrated the amazing work of Sherwood nurses, midwives, support workers, housekeepers, allied health professionals and students. We saw a record of more than 330 nominations, and the winners were announced at the awards ceremony on Friday 7 June:

#### **Communicating and Working Together Award**

**Winner** Emma Wilson (Safeguarding Children Specialist Nurse, Safeguarding)  
**Runners-up** Danielle Woods (Theatre Recovery Team Leader, Theatres), Sally Palmer (Senior Specialist Nurse, Infection and Prevention Control)

#### **Aspiring and Improving Award**

**Winner** Leanne Beardsley (Ward Sister, Short Stay Unit)  
**Runners-up** Beth Rice (Radiographer, Radiography), Stephanie Anstess (Tissue Viability Nurse Consultant, Tissue Viability)

#### **Respectful and Caring Award**

**Winner** Adam Birch (Therapy Assistant, Integrated Stroke Unit)  
**Runners-up** Allison Beswick (Health Care Assistant, Stroke Unit) Louise Staves (Pain Nurse Specialist, Specialist Pain Team)

#### **Efficient and Safe Award**

**Winner** Sarah Pennington (Registered Nurse, Ward 42)  
**Runners-up** Jack Waring (Medicines Management Technician, Pharmacy), Kerry Morris (Deputy Sister and Practice Development Matron, Ward 25)

#### **Support Worker of the Year Award**

**Winner** Adam Godfrey (Therapy Assistant, Therapy Services)  
**Runners-up** Emma-Jane Webster (Therapy Assistant Practitioner, Therapy Services), Michelle Webster (Health Care Assistant, Pre Op)

#### **Student of the Year Award**

**Winner** Nathan Caunt (Student Nurse, Ward 43) (University of Lincoln student)  
**Runners-up** Marie Simpson (Student Radiographer, Radiology) (Sheffield Hallam University student), Tommy Pearson (Student Physiotherapist, MSK Outpatients) (Sheffield Hallam University student)

### **Outstanding Leadership Award**

**Winner** Anne Kabia (Ward Sister, Day Case Unit)

**Runners-up** Mychelle Ward (Matron, Integrated Sexual Health Services), Scott Marshall (Charge Nurse, Ward 34)

### **Outstanding Educational Achievement of the Year Award**

**Winner** Emma Bartle (Clinical Educator, Practice Development)

**Runners-up** Justin Wyatt (Charge Nurse, Ward 43), Yvonne Christley (Head of Professional Practice, Corporate Division)

### **Chief Nurse Award**

**Winner** Adam Birch (Therapy Assistant, Integrated Stroke Unit)

**Runners-up** Emma Wilson (Safeguarding Children Specialist Nurse, Safeguarding), Danielle Woods (Theatre Recovery Team Leader, Theatres).

Many congratulations to all those winners, shortlisted and nominated!

### **Volunteers Week 2019**

We were proud to celebrate National Volunteers Week from 1-7 June, taking the opportunity to say thank to you the 600+ volunteers that work across our three sites.

The week celebrating our fantastic volunteers and their dedication to support the trust, colleagues and patients saw a number of events and awards and featured heavily on social media throughout the week. I would like to officially add my thanks and admiration for all of our volunteers – our hospitals would not operate with them.

We also used National Volunteers Week to launch our new **Dragon's Den project** which is being supported by King's Mill Hospital volunteers. The scheme is supporting colleagues that have an idea that will enrich patient or carer experience within their department, by giving them the opportunity to bid for funds of between £500 and £5,000 to make it happen.

The 'Dragon's Den' style panel took place on Monday 5 August led by Chief Nurse, Suzanne Banks, to decide which projects will receive funding.

### **Local health partners join forces to support people with learning difficulties**

More than 40 people with learning difficulties, their families and carers attended a special 'Your Health Event' to find out more about healthcare and other services that are available to them locally at the Lammas Leisure Centre on Wednesday 19 June.

In the first event of its kind locally, teams from Sherwood Forest Hospitals, the Mansfield and Ashfield Clinical Commissioning Group (GGC) and Everyone Active came together to give people with learning difficulties the opportunity to meet their specialist teams. The event also included information stalls on services and products available to them, the chance to find out more about

their health and the chance to take part in activities like ice skating, bowls and dancing. There was also the opportunity to help influence future health services.

It is great to see us working with our partner organisations and in the community to improve the wellbeing for this group who sometimes find it hard to navigate the health and social care system.

### **SFH Pride**

Following the very successful launch of the NHS Rainbow Badge Scheme and as part of our on-going commitment to support our local LGBT+ community, we held our very own mini PRIDE event on Tuesday 23 July on the KTC street at King's Mill Hospital.

In addition to some fun activities and a range of support resources being available, staff were also be able to find out more about the NHS Rainbow Badge scheme, our recently formed LGBT+ Staff Network and to meet some of the network members. We were also delighted to be welcoming local support organisations, Centre Place and Notts LBGT+ Network.

### **Midwife at Sherwood Forest Hospitals unexpectedly delivers her own grandchild at home**

A new baby is an exciting time for any grandparent-to-be, but it's an extra special time if they get to participate in the birth of the baby themselves. This is exactly what happened when Community Midwife at Sherwood Forest Hospitals, Julie Shaw, was visiting her son and his partner at their home in Mansfield.

Beth Islip, 25 from Mansfield, was four days overdue with her second baby when she started to notice lower abdominal cramps and wondered if it was the start of contractions. She called Julie, her partner's mum, to ask if the pains sounded like the start of labour and Julie offered to stay overnight and look after their daughter in case Beth and her Partner Lee Shaw had to hurry off to hospital.

Julie arrived at Beth and Lee's home in Mansfield at around 11pm on Monday 10 June, but it was clear that they wouldn't make it to the hospital in time to give birth to the baby as Beth's waters broke and she had an immediate urge to push. At this point, Julie called her colleague and Beth's Community Midwife, Jill Kingswood, and asked her to come over with gas and air. By the time Jill arrived, and within 13- minutes of Julie's arrival Beth had given birth to her new 8lb 9oz baby boy, Alfie, and had him cradled safely in her arms.

Julie said: "When I arrived at Beth and Lee's home I was really surprised to see that Beth had gone from cramps just minutes earlier to having the urge to push! When her waters broke we knew there was no time to get to the hospital.

"I was only meant to be going to look after my granddaughter, Evie, in case Beth and Lee had to go to hospital during the night but as it happened I ended up being present to witness the birth of my grandson! It was such a lovely, magical moment to be there for the birth of my own grandson and together I hope that myself and Jill made Beth and Lee feel very safe and special."

### **Visits to Trust Teams and External Meetings**

I have attended a number of external meetings including:

- The Midlands and East Chairs networking event
- The ICS Board and system workshops
- NHS Leadership Academy
- Visiting the Wigan Deal
- ICS Leadership showcase
- Meeting fellow local NHS Chairs
- League of Friends Newark AGM

### **Within the Trust I have been out and about to the following departments and meetings:**

- Meeting our new Freedom to Speak up Guardian
- Council of Governors meeting
- Appraisal meetings with our Non-Executive Directors
- Board of Directors Workshop on risk and strategy
- Clinical Excellence Awards meeting
- Staff milestone event.
- King's Mill Hospital Volunteers AGM
- Out and about for Volunteers Week celebrations

### **Membership summary**

Outside of the elections, our Governors continued to hold 'Meet Your Governor' sessions across all three sites.

Some specific negative comments related to car parking charges, waiting times in clinics, /quality of food, Transport and Signage across our sites, the actions being taken by the trust to address these concerns were presented and discussed at the last Membership and Engagement Committee of the Council. The next workshop for governors will focus on the PFI and as part of that Governors will be invited to taste the food offered to our patients. The positive comments received are significantly higher than the negative comments and include standard of treatment, friendliness of the staff, cleanliness of the hospitals and high praise for our volunteers, who provide an incredible service supporting the hospital.

The Forum for Public Involvement group covered items including the NHS Long Term Plan, our next PLACE audit of our estates, the Friends and Family test, the 15 steps programme and our new Trust strategy.