

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references (if relevant) for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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INFORMATION FOR PATIENTS

Virtual macula follow up clinic

What is a virtual macula follow up clinic?

It is a clinic where trained eye clinic doctors/staff do tests to assess the macula condition. The macula is the centre of the retina used for detailed vision.

This service will help to make the macula service more efficient, so more patients can be seen at frequent intervals. It will also make your visit much quicker as you do not need to wait to see the doctor. You will receive the same standard of care as in regular clinics.

Who attends these clinics?

- Patients who are being treated for wet macular degeneration.
- Patients who have dry macular degeneration, but need monitoring.
- Patients with other macular conditions who might benefit from frequent monitoring.

What tests are done?

- Sight test
- Colour photograph of the macula
- OCT scan of the macula.

Will I have drops to dilate my pupils?

Yes, you will most likely need drops to dilate the pupil. If you do, you cannot drive for several hours afterwards until the effect of the drops wears off.

How will I know my results?

The doctor/nurse specialist will look at your tests and will let you know the results within a couple of weeks.

If your macula is stable, you will receive another clinic appointment for you to be monitored. If the tests show that you need treatment, an appointment will be offered for an injection, which might be the same day or another day convenient for you.

If you have not heard about your results, please contact the eye clinic (details below).

Will I see a doctor?

Sometimes, the virtual clinic will run at the same time as the other clinics and a doctor may be available. If you need to see the doctor, please let the nurse know.

Please check with the nurse/doctor if you are able to attend your annual eye check with your opticians for any other eye conditions (such as glaucoma, cataracts, diabetic retinopathy screening etc.), when they are due.

Contact details:

- **King's Mill Hospital Eye Clinic**
Telephone: 01623 622515, extension 6654 (between 9am and 5pm).
- **Newark outpatients reception**
Telephone: 01636 681681, extension 5750 (between 9am and 5pm).