

Strategic Objective	Ref	Breakthrough objectives 20/21	Lead	Q1. Update
<p>1. To give every child the best start in life</p>	1.1	<p>Increase readiness for school and the number of children with the skills needed to start school</p>	Irene Kakoullis	<p>The Children’s Centre service has now transferred to the council. This has brought opportunities to reprioritise work to improve children’s development and skills to enable them to be ready for school.</p> <p>The Home Talk programme has been commissioned and was relaunched in June to deliver targeted work with parents and children to address speech language and communication needs for children under the age of five.</p> <p>Approx. 50% of early years settings closed during lock down with childcare continuing to be available for key workers and children identified as ‘vulnerable’, however there was low take up of children with SEND and those known to social care.</p> <p>Home learning programmes and information has been a substantial focus during lock down and further work is now taking place with parents to ensure access to resources and online tools.</p>
	1.2	<p>Increased focus on the benefits of breast feeding that leads to an increase in breastfeeding rates.</p>	Danni Burnett	<p>Delivery as part of Local Maternity & Neonatal System (LMNS).</p> <p>As at July 2020: 65.7% rate of breast feeding initiation across LMNS (% deliveries) – NUH = 71.9%, SFH = 51.3% 43.4% Breastfeeding maintenance (6-8 weeks) for Nottinghamshire County. LMNS trajectory target of 46.2%</p> <p>Plans are in place to develop further as part of restoration and recovery planning.</p>

<p>2. To promote and encourage healthy choices, improved resilience and social connection</p>	2.1	<p>Improve the connection and integration of the voluntary sector and current health and social services available to build effective services that support alcohol, diabetes, cancer, EOL and joint and bone pain (MSK)</p>	<p>Lorraine Palmer</p>	<p>Link Workers have formed a key part of the Local Resilience Forum response during COVID, working closely with local authorities and voluntary sector to support individuals in Mid Notts. This is part of the system response. Link Workers have supported PCNs to contact the most vulnerable individuals and contacted individuals with LD, dementia, frailty and the over 70's living alone as part of the coordinated LRF response.</p> <p>As at July 2020 there are 14 Link Workers employed in Mid Notts contributing to 52 Link Workers across the ICS. This exceeds NHSE target of 39 by March 21.</p> <p>The End of Life Together service has developed the first draft of a service change proposal that will build on the strengthened role of the charitable organisations and voluntary sector within the service. This will also look at how the service could support the fast track process and will require greater integration with the care home and home care providers.</p> <p>The mapping exercise agreed as the next action will include CVS leads and system partners to identify key areas of focus for developing opportunities for integration. For example Active Notts have shared their work on the Bellamy Estate with MDC to determine if there are opportunities to build on this community empowerment with ICP partners.</p>
	2.2	<p>Help people to know how to stop smoking.</p>	<p>Matthew Osbourne</p>	<p>As at July 2020, smoking at time of delivery = 13.2% for LMNS against 6% trajectory of 6%. (11.7% NUH, 16.6% SFH).</p>

<p>3. To support our population to age well and reduce the gap in healthy life expectancy</p>	<p>3.1</p>	<p>Strengthen integration across the PCNs building on community based services that include the voluntary sector, care homes and care in the community settings</p>	<p>Lorraine Palmer</p>	<p>Care Homes were a priority during Q1 with the development and delivery of an enhanced care response team service to provide support to all care homes during the pandemic.</p> <p>In Mid Notts the support delivered included:</p> <ul style="list-style-type: none"> • Provided one or more modules of training into 95 Mid Notts Homes • Homes were across all 6 PCN footprints • 2177 face to face elements of training were provided • 33 homes requested RESPECT training with 217 staff trained • All homes were offered and where requested received the national PPE training • 16 homes requested verification of death training with 246 staff trained <p>Care Home Steering Group and Task and Finish Group established to develop a long term sustainable model for care homes with the aim of having a detailed proposal and business model completed by the end of September</p> <p>Work commenced on the programme to build and develop integrated health, housing and social care teams. A paper is being developed for discussion at ICP Executive Meeting and ICP Board in October</p> <p>The Discharge to Assess model delivered in response to the pandemic with supportive discharges managed by an integrated community based hub. The County Wide Discharge Cell is overseeing the development of a sustainable model for the longer term.</p>
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	3.2	Make sure people who are known to be frail are looked after in the best possible way.	Kim Ashall	<p>The frailty agenda is interwoven through a number of the ICP objectives. With progress being made through the care home and home care work, the link workers and the work within the Urgent Care Right Place Right Time Cell.</p> <p>Programme of work being developed during Q2/Q3.</p>
4. To maximise opportunities to develop our built environment into healthy places	4.1	The physical environment within our communities is better used to ensure it has a positive impact on their health and wellbeing.	Mariam Amos	<p>Consideration of improvements to the environment being referenced in funding bids across the local authorities. Active travel, (cycling, walking and access to public transport) urban parks and the wider green agenda.</p> <p>We are supporting communities to establish community allotments and orchards.</p>
	4.2	Everyone lives in safe housing and there is increased availability of social housing.	Mariam Amos	<p>Communication pathways have been developed with stakeholders to raise standards across tenures to improve health and wellbeing of households.</p> <p>Various grants are available to improve living conditions including:</p> <ul style="list-style-type: none"> • Disabled facilities, • Dementia adaptations, • Warm homes on prescription, • External wall insulation <p>As well as other forms of intervention including child home safety, and Notts Warm Home Hub.</p>
5. To tackle physical inactivity, by	5.1	Help local people to know about what is happening and there is an increased take up of existing campaigns across	Theresa Hodgkinson	The key deliverables and SMART objectives have been agreed by the ICP Board lead in consultation with Active

developing our understanding of barriers and motivations.		our communities		Notts. Meetings are being arranged with ICP Board district reps and key CVS representatives. The review of existing campaigns has commenced.
	5.2	Better understanding of the barriers to physical activity and why members of our community do not want to or like exercise and are not active	Theresa Hodgkinson	The key deliverables and SMART objectives have been agreed by the ICP Board lead in consultation with Active Notts. Meetings are being arranged with ICP Board district reps and key CVS representatives. Gathering and exploring existing insight work has commenced.