

About the service

The Sherwood Rehabilitation Team is based at Mansfield Community Hospital.

The team offer support from physiotherapy and occupational therapy staff.

Our aim is to promote your independence. We will complete an assessment and discuss your abilities and problems.

Your assessment may be face to face at Mansfield Community Hospital, or the therapist may visit you in your own home, or speak to you by telephone or video call appointment. You are welcome to have a friend or family member to support you with this and other aspects of your treatment if needed.

A programme of treatment and rehabilitation will be agreed with you and tailored to your individual needs. You may be invited to attend the rehabilitation department as an outpatient, visited by the therapy team at your home, or offered telephone or video call appointments, depending on the type and level of rehabilitation required.

We hold therapy sessions from Monday to Friday. After completing a course of treatment, you may be given a short break, and offered a re-assessment appointment to review your progress after a few weeks.



Useful contacts

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on **01623 672222** or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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Healthier Communities



Sherwood Forest Hospitals
NHS Foundation Trust

Sherwood Rehabilitation Team

Information for patients



We may be able to help with:



Exercise to improve strength and balance



Walking aids, equipment and adaptations to help with daily tasks



Pain management



Healthy aging and long term condition management



Falls prevention advice

Referrals and other services

We are also able to refer you to other agencies in the community if needed, and we work closely with other services such as orthotics (which is the provision and use of artificial devices such as splints and braces), wheelchair services, community therapy teams, intermediate care schemes and Adult Social Care and Health.

Our details:

Address

Sherwood Rehabilitation Team
Rehabilitation Suite
Mansfield Community Hospital
Stockwell Gate
Mansfield
NG18 5QJ

Get in touch

If you have any questions or want to contact us, you can telephone **01623 785122** or email **sfh-tr.srtreferrals@nhs.net**

