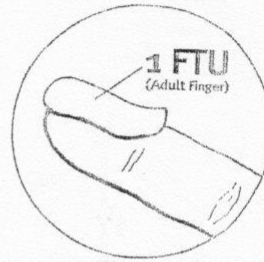


# The Fingertip Unit Method

FTU=Fingertip unit adult

1 FTU=1/2g of cream or ointment

Measurement based on 5mm nozzle



Face & Neck	Arm & Hand	Leg & Foot	Trunk (front)	Trunk (back)	3-6 months	1-2 years	3-5 years	6-10 years	Adult
1	1	1.5	1	1.5					
1.5	1.5	2	2	3					
1.5	2	3	3	3.5					
2	2.5	4.5	3.5	5					
2.5	3	1	6	2	7	7			
Face & Neck	One Arm	One Hand	One Leg	One Foot	Trunk (front)	Trunk (back)			

