

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET.n@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

To be completed by the Communications office
Leaflet code: PIL202507-02-DAC
Created: August 2024/ Revised: July 2025/
Review Date: July 2027

INFORMATION FOR PATIENTS, PARENTS, GUARDIANS AND CARERS

Discharge advice

Circumcision



Pain relief

Give pain relief at home as needed. If your child is discharged with lidocaine gel this can also be used to help with relieving pain.

Your child or young person last had pain relief at:

Paracetamol

Ibuprofen

Do not give more medicine than it says on the label – always follow the instructions on the bottle/packet label.

Some children may have difficulty in passing urine. Encourage your child to drink plenty of clear fluids. Encouraging your child to pass urine in a warm bath or shower may also be more comfortable.

Returning to normal activities

Initially avoid having a bath or shower for the first 24 hours after surgery; this will allow the wound to settle down.

To start, your child or young person should rest and wear loose comfortable clothing.

The penis may look sore, swollen and bruised.

All stitches will dissolve by themselves and can take up to 14 days to fully disappear.

Your child should avoid bike riding or using toys they sit on until any swelling has gone down.

Swimming should be avoided for three to four weeks.

Your child can return to school after 7-10 days.

Bleeding

Minor bleeding will settle after a few days, however, if you notice any active bleeding, try to stop this at home by applying firm pressure with some gauze or a clean piece of material. Squeeze for two minutes then stop. If the bleeding does not stop, please seek medical advice.

Infection

Most children recover well following a circumcision. Please seek medical advice by contacting your GP or nearest Emergency Department if:

- Your child's penis appears more red.
- Your child's penis appears more swollen.
- Your child's penis appears more painful.
- You notice discharge/pus in the wound.
- Your child gets a high temperature.

Swelling

Please contact your GP or Emergency Department if your child's penis is still swollen 2 weeks after the operation.

Pain on passing urine

Please contact your GP or Emergency Department if your child still has pain on passing urine a few days after the operation.