

INFORMATION FOR PATIENTS, PARENTS, GUARDIANS AND CARERS

Paediatric overnight home oximetry sleep study

Your child's doctor has requested that we perform an overnight home sleep study.

This diagnostic test is usually performed to monitor your child's oxygen levels overnight.

Test instructions

An overnight oximetry study involves collecting equipment from the hospital to take home and fit to your child at home, for them to wear overnight while they are asleep.

The test is very simple and will involve connecting a small probe to your child's finger or toe. Once connected, the machine will need to be turned on and left running throughout the night. In the morning, turn off the machine and detach the sensor from your child and return the equipment to the hospital.

Parents, guardians, or carers can collect and return the device from the hospital.



Full instructions are provided with the equipment along with questionnaires, which need to be completed and returned with the equipment.

The device may alarm during the night if the probe has become disconnected, but it can be silenced.

Results

A consultant will look at your child's sleep study report and will write directly to you with the results. Any further tests or treatments required will be arranged as necessary.

Please note that you will not be given the results on the day of your test.

Any additional information can be found on your appointment letter.

Contact details

Sleep Service
Telephone: 01623 672484
Email: sfh-tr.sleep.clinic@nhs.net

King's Mill Hospital
Mansfield Road
Sutton in Ashfield
Notts
NG17 4JL

Newark Hospital
Boundary Road
Newark
Notts
NG24 4DE

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns, or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

To be completed by the Communications office
Leaflet code: PIL202306-01-POH
Created: June 2023 / Review Date: June 2025