

INFORMATION FOR PATIENTS

After cataract surgery

Information regarding your post-operative cataract review

Please find enclosed information regarding your post-operative cataract review. It is important that checks are carried out to ensure there are no complications following your surgery.

If your surgery was straightforward, your post-operative examination can be carried out by an optometrist in the community. This will provide you with a convenient appointment at a time convenient for you.

The provider of this community service is Health Harmonie.

What happens next?

Within 10 days of your surgery, a member of the healthcare team will call you to book your post-operative cataract review. If you do not receive a call within 10 days, please contact us on 01623 622515, extension 6844 or 01636 681681, extension 5737.

Check-up

Your post-operative check-up will take place within four weeks of your surgery. The health of your eyes will be examined carefully, and your sight will be tested to see if new glasses are required.

Post-operative symptoms

Mild pain, watering, irritation, or redness can be expected within the first few days. If you have:

- Severe pain.
- Persistent redness associated with blurred vision.
- A sudden increase in floaters.
- Flashing lights in your vision.

Please contact the hospital eye department of the hospital where your surgery was undertaken:

- King's Mill Hospital: 01623 672383, extension 3317 between 9:00 and 16:00 Monday – Thursday and between 9:00 – 13:00 Friday.

If you are unable to contact the hospital where your surgery was undertaken, please contact NHS 111.

Even if you attend the hospital department before your appointment, you should continue to attend the post-operative appointment in the community service and inform the optometrist at your appointment that you have attended the hospital. Your post-operative results will be sent to the hospital, so they are aware of the outcome of the surgery.

Finally

If you need new glasses, you won't be able to order them until your eye has completely healed - usually after six weeks. You can choose which opticians you attend to have this assessment and get your glasses from.

Contact details

Ophthalmology department, King's Mill Hospital

Telephone: 01623 622515, extension 6844

Email: sfh-tr.ppcophthalmology@nhs.net

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

| |
|---|
| To be completed by the Communications office Leaflet code: PIL202408-02-PCS Created: September 2022 / Revised: August 2024 / Review Date: August 2026 |
|---|

Information reproduced with permission from Nottingham University Hospitals NHS Trust