

## INFORMATION FOR PATIENTS/PARENTS/GUARDIANS/CARERS

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# Paediatric scan requiring a full bladder

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### Preparation for your child's scan

This scan needs the patient to have a **full bladder**. The preparation suggested is as follows:

- **Under 2 years** - give a drink/feed (depending on age), 30 minutes before scan.
- **2-5 years** - 250 mls (1 glass), 30 minutes before scan.
- **6-11 years** - 500 mls (2 glasses), 60 minutes before scan.
- **12 years and over** - 750 mls (3 glasses), 60 minutes before scan.

If the patient has bladder control, they should try not to empty their bladder for 30-60 minutes before the scan. If the patient has any condition that requires fluid restriction, please discuss with relevant clinical consultant/team that is managing this.

### Contact details

If you need any advice before your appointment date, please contact the Radiology department on 01623 672202 between 9am and 5pm.

### Further sources of information

NHS Choices: [www.nhs.uk/conditions](http://www.nhs.uk/conditions)

Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

### Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net).

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.