

Please use this space for any notes you wish to make.

#### Further sources of information

NHS Choices: [www.nhs.uk/conditions](http://www.nhs.uk/conditions)

Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

#### Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net). This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.

To be completed by the Communications office  
Leaflet code: PIL202601-02-BI  
Created: January 2024/ Revised: January 2026  
Review Date: January 2028

## INFORMATION FOR PATIENTS

### Burns injury

#### Emergency Department

##### King's Mill Hospital

Mansfield Road  
Sutton in Ashfield  
Notts NG17 4JL  
Telephone: 01623 622515, extension 2789

##### Newark Hospital

Boundary Road  
Newark  
Notts NG24 4DE  
Telephone: 01636 681681

Keep your burns dressing clean and dry - if it gets wet you will need to get it replaced.

Watch out for signs of infection - these would include:

- Redness around the burn.
- Increased swelling.
- Increased pain.
- Fever.
- Feeling generally unwell.

- Any fluid oozing through the dressing.
- Vomiting/diarrhoea.

Please see your GP or return to the Emergency Department (ED) if you develop any of the symptoms described or develop a rash.

You should elevate the limb to help reduce any swelling. If it is painful then you should take some over the counter painkillers.

Make sure you eat a good diet rich in protein (like eggs, milk, cheese) as this is good for healing.

**Newly healed skin is very sensitive to the sun, so ensure that you keep the area covered or use a high factor sun block for the first year after a significant burn.**