



Newark Hospital

Ask for Newark



Sherwood Forest Hospitals

NHS Foundation Trust



Newark Hospital Directory of Services:

A guide for General Practice teams

Healthier Communities,
Outstanding Care

For more information please visit:
www.sfh-tr.nhs.uk/newark



ASK FOR NEWARK

Sherwood Forest Hospitals NHS Foundation Trust is encouraging patients to 'Ask for Newark' when they speak to their GP or hospital team.

This guide will support GP teams to advise patients on the wide range of services, operations and procedures available at Newark Hospital.

We want Newark Hospital to be the heart of the community by providing the best possible facilities and environment for patients, visitors and staff.

Newark Hospital has significantly improved services over the last few years, and these services are still growing.

We aim to deliver the best possible care for our patients and our long-term vision is to increase the overall number of patients accessing services at Newark Hospital.

TRANSFORMING AND IMPROVING SERVICES

The Trust has invested around £5m since 2020.

Recent developments include:

- A multi-million-pound project to create a third operating theatre and upgrade / relocate two existing treatment rooms and the medical day case room. The new theatre will focus on additional day case elective orthopaedic patients / procedures. There will be new lists for general surgery, breast and ophthalmics moving within the Newark theatre complex.

This is expected to result in up to 2,600 more operations and procedures taking place each year at Newark.

- The creation of 80 extra car parking spaces for staff on land next to the hospital, to free up existing spaces for patients and visitors.

BENEFITS FOR PATIENTS

Sherwood Forest Hospitals NHS Foundation Trust is rated good by the Care Quality Commission (CQC).

Patients at Newark Hospital can expect to receive the same high standard of care as at King's Mill Hospital.

For patients whose local hospital is Newark Hospital, having their procedure there is more convenient than going further afield and can save time and money on travelling.

For patients across Mid-Nottinghamshire, choosing Newark means they could have a shorter wait for treatment.

SERVICES

Our state-of-the-art imaging, diagnostic and operating environments support a wide range of specialist services.

Outpatient clinics – Patients have access to:

- Abdominal Aortic Aneurysm screening clinic
- Antenatal
- Audiology (adult and paediatric)
- Breast Clinics and One Stop service
- Cardiology
- Cardiorespiratory (Lung function, ECG, Echo)
- Colposcopy
- Community paediatrics
- Community podiatry
- Dermatology
- Diabetes and endocrine
- Dietetics
- ENT
- Gastroenterology
- General Surgical
- Geriatrics
- Gynaecology
- Haematology (including warfarin service)
- Medical
- Midwifery (including a midwife-led community service)
- Neurology
- Obstetrics
- Ophthalmology
- Orthopaedic (elective follow-up and fracture)
- Orthoptist
- Orthotics
- Paediatrics (including allergy, ENT, endocrine, diabetes and respiratory)
- Pain clinics
- Parkinson's
- Phlebotomy
- Plastic surgery
- Rehabilitation
- Respiratory
- Rheumatology
- Sleep Clinic
- Surgical Appliances
- Urology
- Vascular

BRAMLEY CHILDREN'S UNIT

This is a purpose-built, dedicated area for outpatient services for children and young people. There are also clinics for urgent referrals.

SURGERY

Newark Hospital is fully equipped to provide a wide range of surgery for specialties including:

Breast

Dermatology

ENT

General surgery

Gynaecology

Ophthalmology

Orthopaedics

Pain

Plastic surgery

Urology

A full list of surgical day case procedures currently undertaken at Newark Hospital is included on pages five and six.

MEDICAL DAY CASE PROCEDURES

These include

Antibiotics

Chemo pump removal

Gastroenterology treatments

Respiratory treatments

MEDICAL DAY CASE (CONT'D)

Rheumatology treatments

Infusions, transfusions and sub-cutaneous injections

PICC Line dressings and flushes

Haematology treatments

Inflammatory bowel disorder treatments



DIAGNOSTICS

These include

- **General x-rays for inpatients, outpatients (trauma and orthopaedics, podiatry, rheumatology, respiratory, urology), urgent care and GP referral.** Appointments for GP patients are available from 8.45am to 5.15pm.
- Ultrasound is provided for obstetrics, gynaecology (pelvic scans), MSK (shoulders, feet), soft tissue (groins, abdominal wall lumps) and general ultrasound (abdominal, kidneys, testes).
- Dopplers are available for assessment of DVT via presentation at the Urgent Treatment Centre or referral to the Newark Hospital medic on-call via 01636 681 681.
- **Scans available via referral are cancer staging scans, orthopaedic scans and CT colonography. CT Urograms can be directly requested.**
- MRI appointments are available from 8am to 8pm on our mobile scanner. GP referrals can be made for lumbar spine and knee scans.
- **Mammography is provided from our breast screening mobile unit on site. This service is provided by Nottingham University Hospitals.**

ENDOSCOPY

Procedures are available for:

- Bronchoscopy • Colonoscopy • Cystoscopy
- Flexible Sigmoidoscopy • Gastroscopy.

THERAPY SERVICES

Physiotherapists and occupational therapists provide assessment, rehabilitation and pre and post-operative treatment to inpatients. Outpatient therapy services include neurological, hand therapy, rheumatology, women's health, musculoskeletal, respiratory and cardiac rehabilitation.

INPATIENT WARDS

Sconce ward is our sub-acute medical ward.

We focus on patients who require treatment, assessment and support following an acute inpatient stay in hospital.

We can provide rehabilitation treatment in the form of physiotherapy and occupational therapy as well as dedicated nursing and medical care. We have a ward-based discharge coordinator who will arrange for discharge into the most appropriate setting.

We repatriate patients from other hospitals following their acute episode of care who can continue to be cared for nearer to where they live.

Our overall aim is to prevent unnecessary delays and find solutions or answers quickly. We take pride in involving our patients and their families in decisions about their care.

CASTLE WARD

Castle is a newly established 18-bedded unit with a mixture of bay beds and cubicles, specialising in complex discharges and rehabilitation.

URGENT TREATMENT CENTRE

Newark Urgent Treatment Centre is open from 9am to 10pm (with the last patient seen at 9.30pm), seven days a week, to treat urgent but not life-threatening conditions. The purpose-built facility allows people to be treated and to return home as quickly as possible. We are proud of the service's consistently high performance in providing patients with timely access to urgent care.

Full list of surgical day case procedures available at Newark Hospital

BREAST

- Breast augmentation
- Excision fibroadenomas
- Excision breast lesions
- Fistulectomy
- Lipo fat transfers
- Nipple reconstruction
- Removal of implants

DERMATOLOGY AND PLASTIC SURGERY

- Basal cell / squamous cell carcinoma excision
- Full thickness grafts
- Punch biopsies

ENT

- Adult grommet insertion
- EUA and dewaxing / suction clearance of ears
- Excision of cyst / lesion around ears (adult)
- Tongue tie release
- Mastoidectomy / mastoid exploration
- Tympanoplasty
- Myringoplasty
- External canalplasty
- Excision of external ear canal cholesteatoma
- Excision of external ear canal osteoma
- Ossiculoplasty
- Tympanomastoidectomy
- EAU nose and nasal cautery (GA or LA)

- EAU nose and excision of small nasal lesions (EA or GA)
- EAU PNS +/- biopsy
- MUA of fractured nasal bones

GENERAL SURGERY

- Anorectal stretch
- Circular stapling haemorrhoidectomy
- Excision biopsy of lymph node for diagnosis
- Excision / destruction of lesion of anus
- Excision / treatment of anal fissure
- Haemorrhoidectomy
- Injection or banding of haemorrhoids
- Lateral sphincterotomy of anus
- Laparoscopic hernias
- Pilonidal sinus surgery – laying open or suture / skin graft
- Primary repair of femoral hernia
- Primary repair of inguinal hernia
- Primary repair of inguinal hernia – bilateral
- Repair of other abdominal hernia
- Repair of recurrent inguinal hernia
- Repair of rectal mucosal prolapse
- Repair of umbilical hernia, para umbilical plus recurrent repairs
- Sigmoidoscopy
- Trans anal excision of lesion of rectum

GYNAECOLOGY

- Balloon thermal endometrial ablation
- Biopsy of uterus (open)
- Biopsy of vulva lesion
- Destruction of lesion of cervix uteri
- Diagnostic hysteroscopy
- Endometrial biopsy / aspiration +/- hysteroscopy
- Excision of vulval cyst
- Excision of vaginal skin tag
- Fenton's procedure
- Intra uterine insertion and removal of coil devices
- Large loop excision of transformation zone
- Myosure
- Novasure endometrial ablation
- Removal of intrauterine contraceptive device
- Removal of vaginal polyp
- Thermablades
- Therapeutic (including endoscopic) operations on uterus (including endometrial ablation)
- Urethral Bulkamid injection

Full list of surgical day case procedures available at Newark Hospital (continued)

OPHTHALMOLOGY

- Cataracts
- Incise and curate cysts
- Intravitreal treatment
- Lid correction
- Orthoptics

ORTHOPAEDIC SURGERY

- ACL repair
- Arthroscopy of knee including meniscectomy, meniscal or other repair
- Arthroscopy of shoulder
- Arthroscopy of ankles
- Bunion operations with or without internal fixation and soft tissue reconstruction
- Carpal tunnel release
- Diagnostic arthroscopic examination of shoulder joint
- Dupuytren's fasciectomy
- Examination / manipulation of joint under anaesthetic +/- injection
- Excision of ganglion
- Excision of lesion of peripheral nerve
- Excision of nail / nail bed
- Lengthening / shortening of tendon(s), MUA joints and injections e.g., hip, knee, shoulder, coccyx
- Caudal epidural
- Operation / exploration of sheath of tendon (e.g., trigger finger)

- Removal of foreign / loose bodies / lumps and bumps
- Removal of internal fixation from bone / joint, including k-wires
- Neurolysis and transposition of peripheral nerve e.g., ulnar nerve at elbow decompression
- Therapeutic arthroscopy of shoulder – subacromial decompression, cuff repair
- Total hip, knee and shoulder replacements
- Avulsion of toenail and ablation of nail bed
- Cuneiform osteotomy proximal phalanx
- Cheilectomy of the 1st MTP
- Excision of ectopic bone in hallux
- Fine needle aspiration of verruca vulgaris on the skin
- Injection of MTP joint of hallux nail ablation
- Neurectomy in the foot
- Release of contracture of joint of toe
- Removal of screws
- Scarf akin
- Scarf osteotomy hallux metatarsal

PAIN

- Therapeutic localised injections
- Trigger point injections

UROLOGY

- Bladder biopsies / dilatation
- Excision of lesion on penis
- Excision of hydrocoele
- Excision of lesion on testis
- Flexible cystoscopy including laser
- Frenuloplasty
- Operations on foreskin – circumcision, division of adhesion
- GA template biopsy of prostate
- LA template biopsy of the prostate
- TURP



Newark Hospital

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Sherwood Forest Hospitals **NHS**
NHS Foundation Trust

Newark Hospital

Main entrance

Wards & departments

← Sherwood Women's Centre

Bowbridge Road entrance →

Eastwood day hospital →

Podiatry →

Goods delivery →

Proud to be a
**Smoke Free
Hospital**
No smoking anywhere on the hospital site including buildings, grounds, car parks and vehicles.



Newark Hospital
Boundary Road
Newark, Nottinghamshire NG24 4DE
Telephone: 01636 681 681

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