

## INFORMATION FOR PATIENTS

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# Local anaesthetic cataract patients

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### On the day of surgery:

- Wear loose fitting clothing.
- Bring a list of your medications or your medication themselves.
- Eat and drink as normal.
- Ensure you have transport home and support overnight.
- Ensure you have the means to instill your eye drops.
- Expect to be on the unit for up to six hours.
- You do not need your dressing gown or slippers.
- Only females under 56 need a sample of urine.

### Main points following surgery:

- Always wash your hands before putting in your eye drops.
- No driving for two weeks.
- No bending or heavy lifting for two weeks.
- Bathe or shower from the neck down.
- Wear a shield at night for two weeks (you will need some surgical tape).

### Useful contacts:

- **Day Case**  
01623 622515, extension  
3195/6061

- **Clinic 8**

01623 622515, extension 6654

### **Further sources of information**

NHS Choices:

[www.nhs.uk/conditions](http://www.nhs.uk/conditions)

Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

### **Patient Experience Team (PET)**

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know.

You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net).

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them.

If you require a full list of references for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.

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