

INFORMATION FOR PATIENTS

Wearing your splint

- When fitting your splint, the metal bar should be over the palm of your hand.
- The straps at the back should fit similar to the picture.
- Ensure that it is not too tight (you should be able to get a finger under the splint).



Your therapist will advise on how and when to use your splint.

The Futura splint should look like this picture when it is on.

Check your skin to ensure no red areas or skin break down. If you are concerned remove the splint and contact your therapist. You can use an old sock (with the toes cut out) to wear under the splint to stop any irritation.

Therapy contact details

Therapist:

Telephone: 01623 622515, extension:

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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