Outstanding Care,
Compassionate People,
Healthier Communities

NHS
Sherwood Forest Hospitals
NHS Foundation Trust

**King's Mill Hospital**
Mansfield Road
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Nottinghamshire
NG17 4JL

Tel: 01623 622515
**Join today: www.sfh-tr.nhs.uk**

**Direct Line:** 01623 672232
**Our Ref: 1638**
**E-mail:** sfh-tr.foi.requests@nhs.net

**13th November 2026**

[redacted]

Dear Sir/Madam

**Freedom of Information Act (FOI) 2000 - Request for Information Reference:** FOI request - weight loss medication statistics

I am writing in response to your request for information under the FOI 2000.

I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do not hold the information you have requested. A response to each part of your request is provided below. Please accept our sincere apologies for the delay.

| FOI Request / Question | Question Response | Is there an exemption? | Exemption | Exemption Details |
|---|---|---|---|---|
| 1. How many people were prescribed weight loss medications in 2023/24, 2024/25 and 2025/26? Please break the results down by year and broad location (e.g. town), The age, gender and occupation of those prescribed weight loss medication in this period | Information not held – The Trust does not provide a Weight Management Service.<br><br>Under Section 16 of the Act we have a duty to provide advice and assistance. Please contact NHS Nottingham and Nottinghamshire ICB notts.foi@nhs.net who may hold this information. | | | |
| 2. Of those prescribed the medication during this time, how many reported side effects? Please provide symptoms they experienced. | | | | |
| 3. In each year, how many of those prescribed resulted in the following:<br>Adverse side effects<br>Admissions to A&E<br>Long term medical conditions connected to the medication | | | | |



**Patient Experience Team**
01623 672222
sfh-tr.pet@nhs.net

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**Trust Chair** Rukshana Kapasi OBE
**Chief Executive** Jon Melbourne

I trust this information answers your request. Should you have any further enquiries or queries about this response please do not hesitate to contact me. However, if you are unhappy with the way in which your request has been handled, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Sally Brook Shanahan, Director of Corporate Affairs, King's Mill Hospital, Mansfield Road, Sutton in Ashfield, Nottinghamshire, NG17 4JL or email sally.brookshanahan@nhs.net.

If you are dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office, who will consider whether we have complied with our obligations under the Act and can require us to remedy any problems. Generally, the Information Commissioner's Office cannot decide unless you have exhausted the internal review procedure. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: https://ico.org.uk/your-data-matters/official-information/.

Complaints to the Information Commissioner's Office should be sent to FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 1231113, email casework@ico.org.uk.

If you would like this letter or information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call us on 01623 672232 or email sfh-tr.foi.requests@nhs.net.

Yours faithfully

**Information Governance Team**

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the Open Government Licence (OGL) a request to re-use is not required, but the licence conditions must be met. You must not re-use any previously unreleased information without having the consent from Sherwood Forest Hospitals NHS Foundation Trust. Should you wish to re-use previously unreleased information then you must make your request in writing. All requests for re-use will be responded to within 20 working days of receipt.



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