

Outstanding Care,
Compassionate People,
Healthier Communities



Sherwood Forest Hospitals
NHS Foundation Trust

Spiritual and pastoral care for patients receiving end of life care

Information for you, your family and friends



**Spiritual &
Pastoral Care**

Spiritual and Pastoral Care

The Spiritual and Pastoral Care Team are here to offer spiritual, pastoral or religious care to patients and their family and friends. Our team of chaplains are available to listen and support you if you would appreciate someone to talk with or simply to spend time with you.

Spiritual and pastoral care is for everyone; those of any faith or none. Spiritual care recognises and responds to the needs of the human spirit. These needs can be particularly felt in the face of trauma, ill health, sadness or grief.

Everyone is individual and your needs and wishes will reflect this. Spiritual and pastoral care is about valuing and respecting people for who they are and acknowledging what is important to them.

Patients and their families often have different needs or wishes. Please talk to us about what would be helpful to you, or your family and friends and we will do our best to support you.

Time to talk

As people near the end of life, they and their loved ones can have important emotional and spiritual questions and concerns, and it's important they have someone to hear them.

Some people will want to talk about their life and share memories. Many will want to talk about the good times and things to celebrate. For some however, there may be times of particular sadness or regret that it is helpful to talk about.

For other people there are very practical questions about what they want to happen both before and after death.

If there is anything that you would find it helpful to talk to someone about then we are available to listen.

Religious care

If you have a particular faith or belief, the Spiritual and Pastoral Care Team are able to provide or arrange appropriate faith-based support.

If you would like us to contact your own faith leader, then we can do so. We have a variety of resources available for different faiths; please ask and we will do our best to help you.

Christian prayer happens during the week in the Faith Centre at King's Mill Hospital. Prayer requests can be left in any of our hospital faith spaces and will be included.

Holy Communion can be provided to patients (and family or friends) at the bedside.

Muslim prayer rooms / space are available in the faith spaces at each hospital. Friday Jum'ah prayer is held every week in the Faith Centre at King's Mill Hospital at 1.15pm. A Microsoft Teams link is available for Friday prayers on request.

Faith and quiet spaces

Faith spaces are available at all our hospital sites and are open to anyone of any faith or none. These are places where you can come to pray, reflect or simply be quiet. There are memorial trees on each site where you can leave a message or name in remembrance of a loved one.

King's Mill Hospital

This is located on the ground floor, opposite the main ward lifts as you come down the corridor from the main entrance. It is open 24 hours a day. There is quiet space available to all, a courtyard garden and separate prayer rooms.

Newark Hospital

Located on the first floor next door to the Friend's Coffee Shop. It is open from 9am to 5pm. Outside of these hours, please ask a member of staff to arrange access via the hospital porters.

Mansfield Community Hospital

Located on the ground floor off the main corridor, past reception. It is open from 9am to 5pm. Outside of these hours, please ask a member of staff to arrange access via the hospital porters.

How to contact the Spiritual and Pastoral Care Team

Please speak to us if you have any questions or if we can be of any further support.

The Spiritual and Pastoral Care Team office hours are Monday to Friday 8.30am to 4.30pm.

Outside of these hours please leave a message and we will get back to you as soon as possible.

For urgent and emergency requests, please ask a member of staff to contact the on call chaplain via the hospital switchboard. An on call chaplain is available 24/7.

Telephone: 01623 622515, extension 3047

Email: sfh-tr.spiritualandpastoralcare@nhs.net

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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