COLLEAGUE WELFARE AND Wellbeing Support



Weigh in Wellbeing Support drop-in session November 2024 – February 2025

Date	Time	Location
Wed 27 Nov	11.30am – 1.30pm	Newark Hospital, main corridor
Wed 4 Dec	12.00pm – 2.00pm	King's Mill Treatment Centre, opposite X-ray, King's Mill Hospital
Wed 11 Dec	12.00pm – 1.00pm	MCH Resource room, main reception, Mansfield Community Hospital
Wed 8 Jan	11.30am – 1.30pm	Trust HQ main corridor, King's Mill Hospital
Wed 15 Jan	11.30am – 1.30pm	Newark Hospital, main corridor
Wed 22 Jan	1.00pm – 2.00pm	Level 3, main corridor between wards 33 and 34, King's Mill Hospital
Wed 29 Jan	11.30am – 1.30pm	Opposite ward lifts near the Faith Centre, King's Mill Hospital
Wed 5 Feb	12.00pm – 2.00pm	King's Mill Treatment Centre, opposite X-ray, King's Mill Hospital
Wed 12 Feb	12.00pm – 1.00pm	MCH Resource room, main reception, Mansfield Community Hospital
Wed 19 Feb	11.30am – 1.30pm	Trust HQ main corridor, King's Mill Hospital



For the latest dates please scan the QR code Or e-mail sfh-tr.wellbeing@nhs.net for dates and more information.

We are in this together | Just do the best that you can do | Look out for each other | It's ok not to be ok

